

EMS GREEN TRAVEL AND EVENT TIPS

INSTRUCTIONS: Include these participant travel tips in event communications.

Did you know that if you...

- ***Pack just one less pair of shoes you can eliminate 2.5 kgs of CO2 when traveling by air?***
- ***Use a mobile app instead of printing an event program you can save 197 litres of water?***
- ***Participate in a hotel's linen-reuse programme it saves 35 ml of laundry chemicals per night?***

Attendees are faced with a multitude of choices when participating at an event. As these examples illustrate, small actions can really add-up!

While the Ozone Secretariat is already offsetting the carbon impact of all participants from its meetings, you may be able to consider other ways to reduce your footprint. Action is not required but encouraged where possible. Every little helps and adopting new habits will build up our collective efforts over time. Each action, even just one, makes a difference!

- ✓ Replace short flights with rail trips, if possible.
- ✓ opt for direct routes that avoid additional emissions associated with multiple take-offs and landings.
- ✓ Voluntarily lower your flight class to avoid the higher-footprint of business class trips.
- ✓ Shift meals to plant-based alternatives where possible.
- ✓ Use public transit or share transport for local trips.
- ✓ Seek out accommodation that has a green guest programme or have earned an eco-certification.
- ✓ Stay at accommodation that is within walking distance of event venues.
- ✓ Participate in your hotel's linen-reuse programme.
- ✓ Bring a refillable tumbler for beverages to use at our plastic-free hydration stations.
- ✓ Download any electronic documents for use onsite. Print outs will not be provided, but device charging is available.
- ✓ Participate in the venue's recycling programme.

For more handy hints and tips to reduce your travel carbon footprint see the below links:

- [Find flights with lower carbon emissions.](#)
- [Find hotels with sustainability programs in place.](#)